

WELCOME TO WAVES RESTAURANT

Waves Restaurant, along with its Executive Chef, Duncan Pontac, have put together an Italian inspired menu that will enchant even the biggest foodie.

We have tried to create a relaxed atmosphere that both those suited up, and wet suited up will feel welcome in.

Using locally sourced, fresh ingredients, our team aim to create wholesome dishes that will satisfy every craving. Whether you're in the mood for a romantic evening, a night out with the family or an office function, Waves Restaurant is able to cater for any occasion.

With our wood-fired pizza oven and live show kitchen, we encourage you to sit back, take in the views and enjoy your time with us.

We would love to hear all about your experience with us, so share your Waves moments on any of our social media platforms using the hash-tag #wavesrestaurant and #blaauwbergbeachhotel

* (V) - Vegetarian

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, tree nuts, peanuts, fish, shellfish, wheat or pork. While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur.

Social Media

Facebook: Blaauwberg Beach Hotel

Instagram: blaauwbergbeachhotel

WAVES

RESTAURANT



LUNCH & DINNER IS SERVED

FROM 11H30 - 22H30

STARTERS

WAVES

RESTAURANT

PATAGONIA CALAMARI

Crispy fried Patagonia calamari, lemon, roasted garlic aioli

R85

BEEF COBB SALAD

Chipotle spiced beef sirloin, wood-fired tomatoes, Parma ham, avocado, soft poached egg, blue cheese dressing

R135

GREEK SALAD *(V)

Roasted capsicum, olive tapenade, wood-fired tomatoes, cucumber ribbons, feta mousse, Greek dressing

R60

ITALIAN SALAD *(V)

Crispy cos lettuce, garlic croûtons, red onion, kalamata olives, wood-fired tomatoes, pecorino cubes, Parmesan shavings

R80

BEETROOT AND ASPARAGUS SALAD *(V)

Candied beetroot, zesty lemon asparagus, black pepper feta, watercress leaves

R85

SANDWICHES & WRAPS

WAVES

RESTAURANT

Sandwiches served on a choice of white or brown bread.
All accompanied by a choice of Waves salad or homemade fries

SANDWICHES

CHEESE AND TOMATO *(V)

Melted Gouda cheese, sliced tomato

R60

CHEESE AND HAM

Melted Gouda cheese, gypsy ham

R65

TUNA MAYO

Shredded tuna, lemon, fennel mayonnaise

R65

CHICKEN MAYO

Pulled chicken, tangy mayonnaise

R70

PULLED BEEF BRISKET

Onion marmalade, mozzarella cheese, dill cucumber, thyme jus

R95

WRAPS

VEGETABLE WRAP *(V)

Basil pesto, hummus, roasted ribbon vegetables, wild rocket

R60

SPICY CHICKEN WRAP *(N)

Penang chicken, chilli peanuts, bean sprouts, coriander leaves

R95

SWEET SOY BEEF WRAP

Sweet soy ginger beef strips, chiffonade baby spinach and carrots

R105

BURGERS

WAVES

RESTAURANT

All juicy burgers served with a choice of WAVES salad or homemade fries

CLUB BURGER

R95

Crispy chicken breast, streaky bacon, fried egg, chilli concasse, gherkin, wild rocket, tomato slices, sesame roll

CHICKEN BURGER *(N)

R105

Grilled chicken breast, honey roasted walnuts, Brie cheese, gherkin, wild rocket, tomato slices, sesame roll

BEEF BURGER

R100

150g beef patty, Gouda cheese, gherkin, wild rocket, tomato slices, sesame roll

BEEF AND BACON BURGER

R115

150g beef patty, crispy bacon, Gouda cheese, crispy onion rings, gherkin, wild rocket, tomato slices, sesame roll



PASTA & PIZZA

WAVES

RESTAURANT

PASTA

Choose any of the following pasta's:
Rigatoni, Penne, Spaghetti, Linguine, Tagliatelle

ARRABIATA *(V) R90
Spicy tomato concasse, kalamata olives, wood-fired tomatoes, basil leaves

NAPOLITANO *(V) R90
Wood-fired tomatoes, herb Provencal

SPICY SQUID R205
Pan fried squid, chorizo sausage, chilli & garlic paste, wood-fired tomatoes

ITALIAN PARSLEY MEATBALLS R115
Wood-fired roasted beef meatballs, tomato concasse

BASIL PESTO CHICKEN R105
Pan fried chicken breast, basil pesto cream sauce, crisp basil leaves

PIZZA

Homemade pizza dough, authentic ingredients, wood-fired pizza

MARGHERITA *(V) R95
Mozzarella, wood-fired tomatoes, basil leaves

CALAMARI E ZENZERO R145
Calamari, mozzarella, ginger, chilli

POLO R150
BBQ chicken, mozzarella, onion marmalade, feta cheese

PEPPERONI R145
Mozzarella, pepperoni slices

PANCETTA R140
Streaky bacon, mozzarella, feta, avocado (Seasonal)

FICHI E GORGONZOLA *(V) R170
Blue cheese, fig preserve, mozzarella, honey, onion marmalade

MAINS & DESSERTS

WAVES

RESTAURANT

MAINS

CATCH OF THE DAY

Pan seared catch of the day, cauliflower puree, buttered long stem broccoli, gremolata

R160

HAKE AND CHIPS

Crispy fried hake, chips, garlic & lemon aioli

R105

SEAFOOD PLATTER (TO SHARE)

200g Crispy squid, 12 half mussels wood-fired, 12 wood-fired prawns, 200g butter seared catch of the day, savoury rice, steamed green beans, garlic butter, chilli butter

R425

BEEF FILLET

200 g Beef fillet, pea puree, grilled mushroom, fondant potato, grilled corn, thyme jus

R240

STICKY PORK RIBS

500g pork ribs, sticky tangy basting, crispy fries

R185

CHICKEN CURRY

Fragrant curry sauce, pan fried chicken breast, steamed basmati rice, condiments & crispy delights

R170

DESSERTS

LEMON SEMIFREDDO

Italian meringue, lemon macaroons

R60

PECAN PIE *(N)

Malva pudding ice cream

R85

CHEESE BOARD

Local cheeses, preserves, crackers & bread sticks

R150